

ROME CATHOLIC SCHOOL BREAKFAST MENU - OCTOBER 2020 (Grab & Go Meals)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



October is
Breast
Cancer
Awareness
Month

Grab and Go Meals will be available at all Elementary Schools from 11:00-12:30

1
2 oz Blueberry Muffin
Sliced Peaches
Cheese Stick
Milk Variety

2
Assorted Cereal
Graham Crackers
Assorted Juice
Milk Variety

5
Donut
Cupped Fruit
Assorted Juice
Milk Variety

6
Granola Bar w/Yogurt
Peach Cups
Assorted Juice
Milk Variety

7
Breakfast Pizza
Assorted Juice
Milk Variety

8
Assorted Cereal
Graham Crackers
Banana
Milk Variety

9
Bagel w/Cream Cheese
Orange Sections
Assorted Juice
Milk Variety

12
SCHOOLS CLOSED
COLUMBUS DAY

13
Danish
Cupped Fruit
Assorted Juice
Milk Variety

14
2 oz Blueberry Muffin
Sliced Peaches
Cheese Stick
Milk Variety

15
Assorted Cereal
Graham Crackers
Assorted Juice
Milk Variety

16
Donut
Cupped Fruit
Assorted Juice
Milk Variety

19
Granola Bar (2)
Peach Cups
Assorted Juice
Milk Variety

20
Donut
Cupped Fruit
Assorted Juice
Milk Variety

21
Breakfast Pizza
Assorted Juice
Milk Variety

22
Cinnamon Bun
Cupped Fruit
Assorted Juice
Milk Variety

23
SCHOOLS CLOSED
SUPERINTENDENT DAY

26
Chocolate Chip Muffin
Yogurt
Fresh Fruit
Milk Variety

27
Pop Tart
Cheese Stick/Banana
Assorted Juice
Milk Variety

28
Danish
Cupped Fruit
Assorted Juice
Milk Variety

29
Bagel w/Cream Cheese
Orange Section
Assorted Juice
Milk Variety

30
BOO Berry Muffin
Sliced Peaches
Grapes
Milk Variety



***MENU SUBJECT TO CHANGE**

Rome Schools are now CEP (Community Eligibility Program) This allows all meals to be Free regardless of income.

"USDA is an equal opportunity provider and employer."