



# ROME CATHOLIC SCHOOL - LUNCH MENU - JANUARY 2019

## ELEMENTARY SCHOOLS

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**1**  
WINTER RECESS  
SCHOOLS CLOSED

**2**  
WINTER RECESS  
SCHOOLS CLOSED

**3 NUGGET DAY**  
Chicken Nuggets w/BBQ Sauce  
California Blend Vegetables  
Dinner Roll  
Chilled Peach/Pear Combo  
Alt. Ham & Cheese Sub

**4 PIZZA DAY**  
Cheese Pizza  
Golden Corn  
Mixed Fruit

Alt. Chicken Patty Sandwich

### **7 SNACK ATTACK**

Chicken Tenders w/BBQ Sauce  
Cheese Sticks w/Dipping Sauce  
Garlic Bread, Green Beans  
Blueberries  
Alt.Hot Dog on a Bun

### **8 CHINESE DAY**

Orange Chicken Stir Fry  
Brown Rice  
Steamed Broccoli  
Pineapple & Mandarin Oranges  
Alt. Grilled Cheese

### **9 TACO DAY**

Soft Shell Taco w/Taco Meat,  
Lettuce, Tomato, Shredded Cheese,  
Salsa, Herbed Rice  
Mexican Bean Salad, Apple Sauce  
Alt. Fresh Turkey Sub

### **10 TURKEY DINNER**

Oven Roasted Turkey  
Mashed Potatoes w/Gravy  
Dinner Roll  
Corn, Cranberry Sauce  
Alt. Ham & Cheese Sub

### **11 PIZZA DAY**

Cheese Pizza  
Honey Glazed Carrots  
Chilled Peaches

Alt. Chicken Patty Sandwich

### **14 NUGGET DAY**

Chicken Nuggets w/BBQ Sauce  
Sweet Potato Fries  
Dinner Roll  
Fresh Apple Slices  
Alt.Hot Dog on a Bun

### **15 BAKED FRIED CHICKEN**

Baked Fried Chicken  
Green Beans  
Dinner Roll  
Chilled Pears  
Alt. Grilled Cheese

### **16 HOT DOG DAY**

Hot Dog on a Bun  
Nachos w/Cheese Sauce  
Baked Beans  
Cut Oranges & Kiwi  
Alt. Fresh Turkey Sub

### **17 PASTA DAY**

Baked Ziti w/Meat Sauce  
Romaine Salad w/Italian Dressing  
Garlic Bread  
Cinnamon Apple Sauce  
Alt. Ham & Cheese Sub

### **18 PIZZA DAY**

Cheese Pizza  
Golden Corn  
Baked Apple Crisp

Alt. Chicken Patty Sandwich

### **21**

SCHOOLS CLOSED  
MARTIN LUTHER KING, JR DAY



### **22 TACO DAY**

Soft Shell Taco w/Taco Meat,  
Lettuce, Tomato, Cheese, Salsa  
Herbed Rice, Mexican Bean Salad  
Cinnamon Apple Sauce  
Alt. Grilled Cheese

### **23 RIBS & MAC**

BBQ Ribs on a Bun  
Macaroni & Cheese  
Glazed Carrots  
Peach/Pear Combo  
Alt. Fresh Turkey Sub

### **24 TURKEY DINNER**

Oven Roasted Turkey  
Mashed Potatoes w/Gravy  
Dinner Roll  
Corn, Cranberry Sauce  
Alt. Ham & Cheese Sub

### **25 PIZZA DAY**

(Chocolate Cake Day Jan. 27)  
Cheese Pizza  
California Blend Vegetables  
Strawberries, Chocolate Cake  
Alt. Chicken Patty Sandwich

### **28 CHICKEN DAY**

Breaded Chicken Patty on a Bun  
Baked Beans  
Fruit Cocktail  
Alt.Hot Dog on a Bun

### **29 BRUNCH LUNCH**

Croissant Day!  
Mini Pancakes w/Sausage Links  
OR Ham & Cheese on a Croissant  
Tater Tots, OJ, Tomato Juice

### **30 CHICKEN & BISCUIT**

Tender Chunks of Chicken w/  
Gravy Over Warm Biscuits  
Green Peas  
Chilled Pears  
Alt. Fresh Turkey Sub

### **31 PASTA DAY**

Ziti w/Meat Balls  
Romaine Salad w/Italian Dressing  
Garlic Bread  
Cinnamon Apple Sauce  
Alt. Ham & Cheese Sub

\*A friendly reminder that applications for Free & Reduced priced meals may be filled out throughout the year and are available at each School, Romecsd.org, or by mail.

**Elementary \$1.90**  
**Upper Elementary \$1.90**  
**Strough \$1.90**  
**RFA \$2.00**  
**Reduced \$.25**  
**Milk \$.50 Ice Cream \$.75**

#### Condiments include:

**Ketchup**  
**Mustard**  
**Mayonnaise**

\*Everyday-Peanut Butter & Jelly

**MILK SERVED WITH ALL MEALS - ALTERNATE CHOICE AVAILABLE DAILY - MENU SUBJECT TO CHANGE**

"USDA is an equal opportunity provider and employer."