



ROME CATHOLIC SCHOOL - LUNCH MENU - JANUARY 2020

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

2

3

WINTER RECESS
SCHOOLS CLOSED

6 SNACK ATTACK

Chicken Tenders w/BBQ Sauce
Cheese Sticks w/Dipping Sauce
Dinner Roll, Green Beans
Blueberries
Alt. Hot Dog on a Bun

7 CHICKEN RIGGIES

Tender Chicken in a Cream Sauce w/Rigatoni
Garlic Bread, Romaine Salad w/ Italian Dressing, Fruit Cocktail
Alt. Grilled Cheese

8 BURGER DAY

Cheese Burger on a Bun
Baked Beans
Pineapple Tidbits w/Mandarin Oranges
Alt. Fresh Turkey Sub

9 TURKEY DINNER

Oven Roasted Turkey
Mashed Potatoes w/Gravy
Dinner Roll
Corn, Apple Sauce
Alt. Ham & Cheese Sub

10 PIZZA DAY

Cheese Pizza
Glazed Carrots
Peach/Pear Combo
Alt. Tuna Sandwich

13 BRUNCH LUNCH

Mini Pancakes w/Sausage Links
OR Croissant w/Ham & Cheese
Tator Tots
Orange Juice, Tomato Juice

14 TACO DAY

Soft Tortilla Shell w/Taco Meat, Shredded Lettuce, Tomato, Cheese, Salsa, Herbed Rice, Golden Corn
Cinnamon Apple Sauce
Alt. Grilled Cheese

15 HOT DOG DAY

Hot Dog on a Bun
Nachos w/Cheese Sauce
Baked Beans
Cut Oranges & Kiwi
Alt. Fresh Turkey Sub

16 PASTA DAY

Baked Ziti w/Meat Sauce
Tossed Salad w/Italian Dressing
Garlic Bread
Peach/Pear Combo
Alt. Ham & Cheese Sub

17 PIZZA DAY

Cheese Pizza
Steamed Broccoli
Baked Apple Crisp
Alt. Tuna Sandwich

20

SCHOOLS CLOSED
MARTIN LUTHER KING, JR DAY



21 PIZZA BITES

Pizza Bites w/Dipping Sauce
Baked Beans
Fresh Apple Slices
Alt. Grilled Cheese

22 SOUP & SANDWICH

Homemade Chicken Noodle Soup w/Saltines
Grilled Cheese Sandwich
Baby Carrots w/Ranch, Pears
Alt. Fresh Turkey Sub

23 CHICKEN TENDERS

Chicken Tenders w/BBQ Sauce
French Fries
Dinner Roll
Chilled Peaches
Alt. Ham & Cheese Sub

24 PIZZA DAY

Cheese Pizza
Tossed Salad with Italian Dressing
Fruit Cocktail
CHOCOLATE CAKE DAY!
Alt. Tuna Sandwich

27 CHINESE NEW YEAR

Chicken Nuggets w/Sweet & Sour Dipping Sauce, Rice
Steamed Broccoli, Fortune Cookie
Pineapple & Mandarin Oranges
Alt. Hot Dog on a Bun

28 NACHO GRANDE

A Bed of Nacho Chips w/Taco Meat, Cheese Sauce & Salsa
Mexican Bean Salad
Apple Sauce
Alt. Grilled Cheese

29 LASAGNA ROLL-UPS

Lasagna Roll-up w/Meat Sauce
Romaine Salad w/Italian Dressing
Garlic Bread
Chilled Peaches
Alt. Fresh Turkey Sub

30 TURKEY DINNER

Oven Roasted Turkey
Mashed Potatoes w/Gravy
Dinner Roll
Green Beans, Cranberry Sauce
Alt. *Hot Ham & Cheese Croissant

31 STUFFED CRUST DAY

Stuffed Crust Pizza
Sweet Potato Fries
Strawberries & Cream
Alt. Tuna Sandwich

*A friendly reminder that applications for Free & Reduced priced meals may be filled out throughout the year and are available at each School, Romecsd.org, or by mail.

Elementary \$1.90
Upper Elementary \$1.90
Strough \$1.90
RFA \$2.00

Milk \$.50 Ice Cream \$.75

Condiments include:

Ketchup
Mustard
Mayonnaise

**Everyday-Peanut Butter & Jelly*

MILK SERVED WITH ALL MEALS - ALTERNATE CHOICE AVAILABLE DAILY - MENU SUBJECT TO CHANGE

"USDA is an equal opportunity provider and employer."