

ROME CATHOLIC SCHOOL - LUNCH MENU - JANUARY 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



3 BRUNCH LUNCH

Mini Pancakes w/Syrup
Sausage Links
Tater Tots
Orange Juice
Milk Variety

4 CHICKEN PATTY

Chicken Patty on a Bun
Baked Beans
Peach/Pear Cup
Milk Variety

5 SOUP & SANDWICH

Tomato Soup w/Saltine Crackers
Grilled Cheese Sandwich
Baby Carrots w/Ranch Dressing
Fresh Apple Slices
Milk Variety

6 PASTA DAY

Penne Pasta w/Meat Sauce
Tossed Salad w/Italian Dressing
Garlic Bread
Apple Sauce
Milk Variety

7 PIZZA DAY

Cheese Pizza
Broccoli w/Cheese Sauce
Chilled Pears
Milk Variety

10 NUGGET DAY

Chicken Nuggets w/BBQ Sauce
French Fries
Dinner Roll
Peach/Pear Combo
Milk Variety

11 TACO TUESDAY

Soft Flour Tortilla w/seasoned Taco Meat, Shredded Lettuce, Tomato & Cheese
Glazed Carrots, Cinn Apple Sauce
Milk Variety

12 TAILGATE DAY

Hot Dog on a Bun
Nachos w/Cheese Sauce
Baked Beans
Peach Cup
Milk Variety

13 CHICKEN ALFREDO

Tender Chicken in a Parmesan Cream Sauce w/Penne Pasta
Romaine Salad w/Italian Dressing
Garlic Bread, Chilled Peaches
Milk Variety

14 PIZZA DAY

Cheese Pizza
California Blend Vegetables
Mixed Berry Cup
Milk Variety

17

SCHOOLS CLOSED
MARTIN LUTHER KING, JR DAY



18 SNACK ATTACK

Chicken Tenders w/BBQ Sauce
Cheese Sticks w/Dipping Sauce
Baked Beans, Dinner Roll
Mixed Berry Cup
Milk Variety

19 HAM & CHEESE

Ham & Cheese on a Pretzel Bun or Croissant
Baby Carrots w/Ranch Dressing
Fresh Apple Slices
Milk Variety

20 TURKEY DINNER

Oven Roasted Turkey
Mashed Potatoes w/Gravy
Dinner Roll
Peach/Pear Combo
Milk Variety

21 CHEESE BITES

Cheese Bites w/Dipping Sauce
Tossed Salad w/Italian Dressing
Mixed Fruit
Chocolate Chip Cookie
Milk Variety

24 NUGGET DAY

Chicken Nuggets w/BBQ Sauce
Baked Beans
Dinner Roll
Peach/Pear Combo
Milk Variety

25 BURGER DAY

Cheese Burger on a Bun
French Fries
Mixed Fruit
Milk Variety

26 SOUP & SANDWICH

Tomato Soup w/Saltine Crackers
Grilled Cheese Sandwich
Baby Carrots w/Ranch Dressing
Fresh Orange Sections
Milk Variety

27 CHEESY BEEF/RANCH PASTA

Rigatoni w/Seasoned Ground Beef & Cheese Sauce
Tossed Salad w/Italian Dressing
Garlic Bread Stick, Apple Sauce
Milk Variety

28 PIZZA DAY

Cheese Pizza
Steamed Broccoli
Chilled Pears
Chocolate Pudding
Milk Variety

31 BRUNCH LUNCH

Mini Pancakes w/Syrup
Sausage Links
Tater Tots
Orange Juice
Milk Variety

Condiments include:
Ketchup
Mustard
Mayonnaise



MENU SUBJECT TO CHANGE

"USDA is an equal opportunity provider and employer."

Rome Schools are now CEP (Community Eligibility Program) This allows all meals to be free regardless of income.