

# ROME CATHOLIC SCHOOL – LUNCH MENU – SEPTEMBER 2019

**MONDAY**

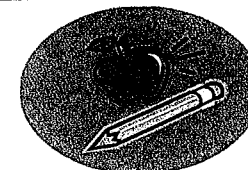
**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

## Welcome Back



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Labor Day	Superintendent's Day	Superintendent's Day	Chicken Nuggets w/BBQ Sauce Mashed Potatoes w/Gravy Golden Corn, Dinner Roll Cinnamon Apple Sauce Alt. Ham & Cheese Sub	Cheese Pizza Steamed Broccoli Fruit Cocktail Alt. Tuna Sandwich
<b><u>9</u> SNACK ATTACK</b> Chicken Tenders w/BBQ Sauce Cheese Sticks w/Dipping Sauce Italian Beans, Dinner Roll Strawberries w/Cream Hot Dog on a bun	<b><u>10</u> CHICKEN BURRITTO</b> Soft Shell Taco w/Seasoned Chick Lettuce, Tomato, Cheese, Salsa Rice Pilaf, Mexican Bean Salad Cinnamon Apple Sauce Alt. Grilled Cheese	<b><u>11</u> SOUP &amp; SANDWICH</b> Tomato Soup w/Wheat Crackers Grilled Cheese Sandwich Baby Carrots w/Ranch Dressing String Cheese, Fruit Cocktail Alt. Fresh Turkey Sub	<b><u>12</u> Taco Day</b> Soft Shell Taco w/Taco Meat, Lettuce, Tomato, Cheese, Salsa Herbed Rice, Mexican Corn Salad Cinnamon Apple Sauce Alt. Ham & Cheese Sub	<b><u>13</u></b> Cheese Pizza Broccoli w/Cheese Sauce Chilled Pears Alt. Tuna Sandwich
<b><u>16</u> CHEESE BURGER</b> Cheese Burger on a Bun Baked Beans Peaches & Cream Hot Dog on a bun	<b><u>17</u> CHICKEN RIGGIES</b> Chicken & Pasta in a Cream Sauce Green Beans Garlic Bread Pineapple & Mandarin Oranges Alt. Grilled Cheese	<b><u>18</u> BALL PARK DAY</b> Hot Dog on a Bun Nachos w/Cheese Sauce Glazed Carrots Fresh Apple Slices Alt. Fresh Turkey Sub	<b><u>19</u> TURKEY DINNER</b> Oven Roasted Turkey Mashed Potatoes w/Gravy Golden Corn, Dinner Roll Cranberry Sauce Alt. Ham & Cheese Sub	<b><u>20</u></b> Cheese Pizza Romaine Salad w/Italian Dressing Apple Sauce Alt. Tuna Sandwich
<b><u>23</u> BRUNCH LUNCH</b> French Toast Sticks w/Sausage Links OR Hot Ham & Cheese on a Bun Tater Tots Orange Juice, Tomato Juice	<b><u>24</u> TACO TUESDAY</b> Soft Shell Taco w/Taco Meat, Lettuce, Tomato, Cheese, Salsa Herbed Rice, Golden Corn Cinnamon Apple Sauce Alt. Grilled Cheese	<b><u>25</u> CHEESE BURGER</b> Cheese Burger on a Bun Baked Beans Fruit Cocktail Alt. Fresh Turkey Sub	<b><u>26</u> NUGGET DAY</b> Chicken Nuggets w/BBQ Oven Roasted Potatoes Dinner Roll, Green Beans Orange & Kiwi Sections Alt. Ham & Cheese Sub	<b><u>27</u></b> Cheese Pizza Steamed Broccoli Peach/Pear Combo Alt. Tuna Sandwich
<b><u>30</u> SNACK ATTACK</b> Chicken Tenders w/BBQ Sauce Cheese Sticks w/Dipping Sauce Italian Beans, Dinner Roll Strawberries w/Cream Hot Dog on a bun				

**MILK SERVED WITH ALL MEALS - ALTERNATE CHOICE AVAILABLE DAILY - MENU SUBJECT TO CHANGE**

Condiments include:  
 Ketchup, Mustard, Mayonnaise  
 Elementary and Middle School - \$1.90/High School - \$2.00/Milk - \$.50/Ice Cream - \$.75

*\*Fresh Fruit available daily  
 Peanut Butter & Jelly Every Day*

**PLEASE RETURN YOUR FREE & REDUCED LUNCH APPLICATION**

"USDA is an equal opportunity provider and employer."