



# ROME CATHOLIC SCHOOL

## October Grab and Go Lunch Menu



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**Grab and Go Meals will be available at all Elementary Schools  
From 11:00-12:30**

<p><b><u>5</u></b> Breaded Chicken Patty on a Bun Peach/Pear Combo Apple Sauce Milk Variety</p>	<p><b><u>6</u></b> Cheese Burger on a Bun Pretzel Rod Golden Corn Chilled Pears Milk Variety</p>	<p><b><u>7</u></b> Hot Dog on a Bun Mac &amp; Cheese Baby Carrots w/Ranch Dressing Chilled Peaches Milk Variety</p>	<p><b><u>8</u></b> Turkey Dinner Bowl Mashed Potatoes w/Turkey &amp; Gravy Apple Sauce Cup Milk Variety</p>	<p><b><u>9</u></b> Cheese Pizza Tossed Salad w/Dressing Fresh Apple Slices Chocolate Chip Cookie Milk Variety</p>
<p><b><u>12</u></b> Columbus Day---Schools Closed </p>	<p><b><u>13</u></b> Mini Pancakes Tator Tots Sausage Links, Orange Juice Chilled Pears Milk Variety</p>	<p><b><u>14</u></b> Walking Taco To Go Taco Meat w/Cheese Scoops, Corn Salad Peach/Pear Combo Milk Variety</p>	<p><b><u>15</u></b> Baked Chicken Glazed Carrots Strawberry Cups Dinner Roll Milk Variety</p>	<p><b><u>16</u></b> Stuffed Crust Pizza Broccoli w/Cheese Sauce Rice Krispie Treat Fresh Apple Slices Milk Variety</p>
<p><b><u>19</u></b> Chicken Tenders w/BBQ Sauce Cheese Sticks w/Dipping Sauce Golden Corn Fruit Cocktail Milk Variety</p>	<p><b><u>20</u></b> BBQ Rib on a Bun Baked Beans Peach/Pear Combo Milk Variety</p>	<p><b><u>21</u></b> Chicken Nugget w/BBQ Sauce Chilled Pears Dinner Roll Grape Juice Milk Variety</p>	<p><b><u>22</u></b> Pasta w/Meatsauce Tossed Salad w/Dressing Garlic Bread Cinnamon Apple Sauce Milk Variety</p>	<p><b><u>23</u></b> Schools Closed Superintendent Day</p>
<p><b><u>26</u></b> Breaded Chicken Patty on a Bun Fruit Cocktail Apple Sauce Milk Variety</p>	<p><b><u>27</u></b> Walking Taco To Go Taco Meat w/Cheese Scoops, Corn Salad Peach/Pear Combo Milk Variety</p>	<p><b><u>28</u></b> Baked Chicken Glazed Carrots Strawberry Cups Dinner Roll Milk Variety</p>	<p><b><u>29</u></b> Turkey Dinner Bowl Mashed Potatoes w/Turkey &amp; Gravy Apple Sauce Cup Milk Variety</p>	<p><b><u>30</u></b> Cheese Pizza Tossed Salad w/Dressing Apple Juice Sugar Cookie Milk Variety</p>



**Condiments include:  
Ketchup  
Mustard  
Mayonnaise**



**MENU SUBJECT TO CHANGE**

"USDA is an equal opportunity provider and employer."

**Rome Schools are now CEP (Community Eligibility Program) This allows all meals to be Free regardless of income.**