

Rome Catholic Lunch Menu - September 2022

MONDAY

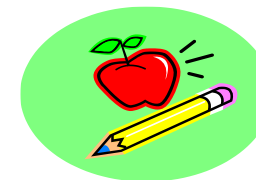
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Welcome Back



1

2

Superintendent's day

5

Labor Day

6

Superintendent's Day

7 **NUGGET DAY**

Chicken Nuggets w/BBQ Sauce
French Fries
Dinner Roll
Peach/Pear Combo

8 **TACO DAY**

Soft Flour Tortilla w/Taco Meat
Lettuce, Tomato, Cheese, Salsa
Herbed Rice, Green Beans
Apple Sauce Cups

9 **PIZZA DAY**

Cheese Pizza
Tossed Salad w/Italian Dressing
Fruit Cocktail

12 **SNACK ATTACK**

Chicken Tenders w/BBQ Sauce
Cheese Sticks w/Dipping Sauce
Glazed Carrots, Dinner Roll
Apple sauce

13 **CHICKEN PATTY**

Breaded Chicken Patty on a Bun
Tossed Salad w/Italian Dressing
Chilled Peaches

14 **BALL PARK DAY**

Hot dog on a Bun
Nachos w/Cheese Sauce
Baked Beans
Chilled Pears

15 **TURKEY DINNER**

Oven Roasted Turkey
Mashed Potatoes w/Gravy
Dinner Roll
Cinnamon Apple Sauce

16 **PIZZA DAY**

Stuffed Crust Pizza
Steamed Broccoli
Fresh Apple Slices

19 **BRUNCH LUNCH**

Mini Pancakes
Tater Tots
Tomato Juice, Orange Juice
Sausage Links

20 **CHICKEN PATTY**

Charbroiled Chicken on a Bun
French Fries
Fruit Cocktail

21 **CHEESEBURGER**

Cheese Burger on a Bun
Baked Beans
Fruit Cocktail

22 **PASTA DAY**

Penne Pasta w/Meat sauce
Romaine Salad w/Italian Dressing
Garlic Bread
Mixed Berry Cup

23 **PIZZA DAY**

Cheese Pizza
Green Beans
Apple Sauce
Chocolate Chip Cookie

26 **POPCORN CHICKEN**

K-12 HALF DAY (PRO DEV DAY)
Pop Corn Chicken w/BBQ Sauce
Golden Corn, Dinner Roll
Chilled Peaches

27 **TACO TUESDAY**

Tostito Scoops w/Taco Meat
Lettuce, Tomato, Cheese, Salsa
Herbed Rice, Mexican Bean Salad
Cinnamon Apple Sauce

28 **SOUP & SANDWICH**

Tomato Soup w/Saltines
Grilled Cheese Sandwich
Baby Carrots w/Ranch
Orange Sections

29 **CHICKEN RIGGIES**

Rigatoni w/Chicken in a
Cream Sauce
Garlic Bread, California Blend Veg
Mixed Fruit

30 **PIZZA DAY**

Cheese Pizza
Romaine Salad w/Italian Dressing
Fresh Nectarine

**MILK SERVED WITH ALL MEALS - ALTERNATE CHOICE
AVAILABLE DAILY - MENU SUBJECT TO CHANGE**

Condiments include:
Ketchup, Mustard, Mayonnaise

**Fresh Fruit available daily
Peanut Butter & Jelly Every Day*

"USDA is an equal opportunity provider and employer."

Rome Schools are now CEP (Community Eligibility Program) This allows all meals to be Free regardless of income.