



ROME CATHOLIC SCHOOL-LUNCH MENU-OCTOBER 2021



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

4 NUGGET DAY

Chicken Nuggets w/BBQ Sauce
Glazed Carrots
Dinner Roll
Fruit Cocktail
Milk Variety

5 CHICKEN RANCH BURRITO

Soft Flour Tortilla w/Seasoned
Chicken, Ranch Dressing, Shredded
Cheese, Herbed Rice,
Celery w/Ranch, Chilled Peaches
Milk Variety

6 BALL PARK DAY

Hot Dog on a Bun
Nachos w/Cheese Sauce
Baked Beans
Fresh Apple Slices
Milk Variety

7 CHICKEN TENDERS

Chicken Tenders
Golden Corn, Dinner Roll
Apple Sauce
Milk Variety

8 PIZZA DAY

Cheese Pizza
Romaine Salad w/Italian Dressing
Peach/Pear Combo
Milk Variety

11

Columbus Day---Schools Closed



12 BRUNCH LUNCH

Mini Pancakes w/Sausage Links
OR Sausage & Egg Croissant
Tater Tots
Orange Juice
Milk Variety

13 SOUP & SANDWICH

Chicken Noodle Soup w/Saltines
Grilled Cheese Sandwich
Baked Beans, Cheese Stick
Chilled Peaches
Milk Variety

14 TACO DAY

Soft Flour Tortilla w/Taco Meat,
Lettuce, Tomato, Cheese, Salsa
Rice Pilaf, Green Beans
Cinnamon Apple Sauce
Milk Variety

15 PIZZA DAY

Cheese Pizza
Carrot Sticks w/Ranch Dressing
Peach/Pear Combo
Milk Variety

18 SNACK ATTACK

Chicken Tenders w/BBQ Sauce
Cheese Sticks w/Dipping Sauce
Glazed Carrots
Peach/Pear Combo
Milk Variety

19 BUGER DAY

Cheese Burger on a Bun
French Fries
Chilled Peaches
Milk Variety

20 PASTA DAY

Baked Ziti w/Meat Sauce
Tossed Salad w/Italian Dressing
Garlic Bread
Apple Sauce
Milk Variety

21 CHICKEN PATTY

Breaded Chicken Patty on a Bun
Baked Beans
Chilled Pears
Milk Variety

22 PIZZA DAY

Cheese Pizza
Steamed Broccoli w/Cheese Sauce
Mixed Fruit Cocktail
Milk Variety

25 NUGGET DAY

Chicken Nuggets w/BBQ Sauce
Sweet Potato Puffs
Dinner Roll
Pineapple w/Mandarin Oranges
Milk Variety

26 TACO TUESDAY

Soft Flour Tortilla w/Taco Meat,
Lettuce, Tomato, Cheese, Salsa
Herbed Rice, Golden Corn
Apple Sauce
Milk Variety

27 BBQ RIBS

BBQ Ribs on a Bun
Buttered Egg Noodles
Baked Beans
Chilled Peaches
Milk Variety

28 LASAGNA ROLL UPS

Lasagna Roll Up w/Meat Sauce
Tossed Salad w/Italian Dressing
Garlic Bread
Chilled Pears
Milk Variety

29 STUFFED CRUST

Stuffed Crust Pizza
Steamed Broccoli
Blueberries &
Cream
Milk Variety



Condiments include:

Ketchup
Mustard
Mayonnaise



MENU SUBJECT TO CHANGE

"USDA is an equal opportunity provider and employer."

Rome Schools are now CEP (Community Eligibility Program) This allows all meals to be free regardless of income.