



ROME CATHOLIC SCHOOL-LUNCH MENU-OCTOBER 2023



MONDAY

2 NUGGET DAY

Chicken Nuggets w/BBQ Sauce
Baby Carrots w/Ranch Dressing
Dinner Roll
Chilled Peaches

TUESDAY

3 CHEESY BITES

Cheesy Bites w/Marinara
Tossed Salad w/Italian Dressing
Chilled Pears

WEDNESDAY

4 SLOPPY JOE

Sloppy Joe on a Bun
Baked Beans
Pineapple & Mandarin Oranges

THURSDAY

5 Chicken Tenders

Chicken Tenders
Steamed Broccoli w/Cheese
Sauce
Peaches & Cream
Snickerdoodle Cookie

FRIDAY

6 1/2 Day Pizza Day

Stuff Crust Pizza
Tossed Salad w/Italian Dressing
Fruit Cocktail

9

Columbus Day---Schools Closed



10 CHICKEN PATTY

Chicken Patty on a Bun
Green Beans
Chilled Peach/Pear Combo

11 BURGER DAY

Cheese Burger on a Bun
Baked Beans
Mixed Fruit

12 TURKEY DINNER

Oven Roasted Turkey
Mashed Potatoes w/Gravy
Dinner Roll
Cinnamon Apple Sauce

13 PIZZA DAY

Cheese Pizza
Romaine Salad w/Italian Dressing
Fresh Apple Slices

16 BRUNCH LUNCH

Mini Pancakes w/syrup
Sausage Links
Tater Tots
Orange Juice, Tomato Juice

17 TACO TUESDAY

Soft Flour Tortilla w/Taco Meat,
Lettuce, Cheese, Salsa
Herbed Rice, Golden Corn
Apple Sauce

18 BALL PARK DAY

Hot Dog on a Bun
Nachos w/Cheese Sauce
Baked Beans
Fresh Apple Slices; Cookie

19 PASTA DAY

Penne Pasta w/Meat Sauce
Tossed Salad w/Italian Dressing
Garlic Bread Stick
Chilled Pears

20 STUFFED CURST

Stuffed Crust Pizza
Steamed Broccoli
Peach/Pear Combo

23 NUGGET DAY

Chicken Nuggets w/BBQ Sauce
Green Beans
Dinner Roll
Chilled Pears

24 BBQ RIBS

BBQ Ribs on a Bun
Onion Rings
Baked Beans
Mixed Fruit

25 SOUP & SANDWICH

Tomato Soup w/Saltine Crackers
Grilled Cheese Sandwich
Baby Carrots w/Ranch Dressing
Chilled Peaches

26 OVEN ROASTED CHICKEN

Oven Roasted Chicken
Mashed Potatoes w/Gravy
Dinner Roll
Apple Sauce

27 PIZZA DAY

Cheese Pizza
Romaine Salad w/Italian Dressing
Fresh Apple Slices

30 SNACK ATTACK

Chicken Tenders w/BBQ Sauce
Cheese Sticks w/Dipping Sauce
Glazed Carrots
Pineapple & Mandarin Oranges

31 TACO TUESDAY

Soft Flour Tortilla w/Taco Meat,
Lettuce, Cheese, Salsa
Herbed Rice, Mexican Bean Salad
Peach/Pear Combo



Condiments include:

Ketchup
Mustard
Mayonnaise

**Alternate choice available daily*

MENU SUBJECT TO CHANGE

Milk served with all meals

"USDA is an equal opportunity provider and employer."

Rome Schools are now CEP (Community Eligibility Program) This allows all meals to be Free regardless of income.

