

# ROME CATHOLIC SCHOOL - LUNCH MENU - SEPTEMBER 2021

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**Welcome Back**

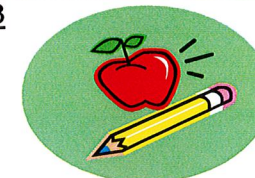
**1**

Superintendent's Day

**2**

Superintendent's Day

**3**



**6**



**7 NUGGET DAY**

Chicken Nuggets  
French Fries, Dinner Roll  
Peach Pear Combo  
BBQ Dipping Sauce  
Milk Variety

**8**

Rib A Que on a Bun  
Baked Beans  
Pineapple w/ Mandarin Oranges  
Potato Chips  
Milk Variety

**9 TACO DAY**

Soft Flour tortilla w/ Taco Meat  
Lettuce, Tomato, Cheese, Salsa  
Herbed Rice, Green Beans  
Applesauce cups  
Milk Variety

**10 PIZZA DAY**

Cheese Pizza  
Steamed Broccoli  
Fruit Cocktail  
Milk Variety

**13 SNACK ATTACK**

Chicken Tenders w/BBQ Sauce  
Cheese Sticks w/Dipping Sauce  
Glazed Carrots, Dinner Roll  
Applesauce  
Milk Variety

**14 Chicken Patty**

Breaded Chicken Patty on a Bun  
Tossed Salad w/ Italian  
Dressing  
Chilled Peaches  
Milk Variety

**15 CHEESEBURGER**

Cheese Burger on a Bun  
Baked Beans  
Chocolate Chip Cookie  
Fruit Cocktail  
Milk Variety

**16 TURKEY DINNER**

Oven Roasted Turkey  
Mashed Potatoes w/Gravy  
Golden Corn, Dinner Roll  
Cinnamon Applesauce  
Milk Variety

**17 PIZZA DAY**

Stuffed Crust Pizza  
Broccoli w/ Chees Sauce  
Blueberries and cream  
Milk Variety

**20 STUFFED CALZONE**

Cheese Calzone w/ Dipping  
Sauce  
Golden Corn  
Peach Pear Combo  
Milk Variety

**21 CHICKEN RIGGIES**

Chicken & Pasta in a Cream Sauce  
Tossed Salad w/ Italian Dressing  
Garlic Bread  
Fruit Cocktail  
Milk Variety

**22 BALL PARK DAY**

Hot Dog on a Bun  
Nachos w/Cheese Sauce  
Glazed Carrots  
Fresh Apple Slices  
Milk Variety

**23**

Grilled Cheese Sandwich  
String Cheese  
Baked Beans  
Chilled Peaches  
Milk Variety

**24 PIZZA DAY**

Cheese Pizza  
Romaine Salad w/  
Italian Dressing  
Applesauce  
Milk Variety

**27 BRUNCH LUNCH**

Mini Pancakes  
Tater Tots  
Orange Juice  
Sausage Links  
Milk Variety

**28 TACO TUESDAY**

Tostito Scoops w/ taco meat  
Lettuce, Tomato, Cheese, Salsa  
Herbed Rice, Mexican Bean Salad  
Cinnamon Apple Sauce  
Milk Variety

**29 Chicken Patty**

Breaded Chicken Patty on a Bun  
Sweet Potato Fries  
Orange & Kiwi Sections  
Milk Variety

**30**

Macaroni & Cheese  
California Blend Vegetable  
Garlic Bread  
Chilled Peaches  
Milk Variety

**Elementary, Middle & High School: CEP allows all meals to be free regardless of income.**

**CEP - Community Eligibility Program**

**MILK SERVED WITH ALL MEALS - ALTERNATE CHOICE  
AVAILABLE DAILY - MENU SUBJECT TO CHANGE**

Condiments include:

Ketchup, Mustard, Mayonnaise

*\*Fresh Fruit available daily*

*Peanut Butter & Jelly Every Day*

"USDA is an equal opportunity provider and employer."

**Elementary and Middle School - CEP - There will be no cost for lunch this year/Milk - \$.75**



# ROME CATHOLIC SCHOOL - BREAKFAST MENU - SEPTEMBER 2021

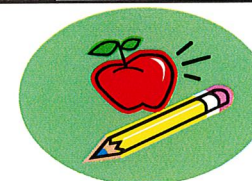
## GRAB & GO BREAKFAST

**MONDAY**                      **TUESDAY**                      **WEDNESDAY**                      **THURSDAY**                      **FRIDAY**

# Welcome Back

1  
Superintendent's Day                      Superintendent's Day

3



7  
Whole Wheat Bagel  
Lite Cream Cheese  
Assorted Juice, Mixed Jelly  
Milk Variety

8  
2oz Blueberry Muffin  
Chilled Peaches  
Cheese Stick  
Milk Variety

9  
Granola Bar (2)  
Fruited Yogurt  
Assorted Juice  
Milk Variety

10  
Waffle Sticks  
Sausage links  
Assorted juice  
Milk Variety

13  
Breakfast Pizza  
Assorted Juice  
Milk Variety

14 **Breakfast Sandwich**  
Egg & Cheese Croissant  
Assorted Juice  
Milk Variety

15  
Cinnamon Bun  
Chilled Pears  
Assorted Juice  
Milk Variety

16  
Danish  
Banana  
Assorted Juice  
Milk Variety

17  
Chocolate Chip Muffin  
Cheese Stick  
Assorted Juice  
Milk Variety

20  
Donut  
Cupped Fruit  
Assorted Juice  
Milk Variety

21  
Whole Wheat Bagel  
Lite Cream Cheese  
Assorted Juice, Mixed Jelly  
Milk Variety

22  
2oz Blueberry Muffin  
Chilled Peaches  
Cheese Stick  
Milk Variety

23  
Granola Bar (2)  
Fruited Yogurt  
Assorted Juice  
Milk Variety

24  
Waffle Sticks  
Sausage links  
Assorted juice  
Milk Variety

27  
Breakfast Pizza  
Assorted Juice  
Milk Variety

28 **Breakfast Sandwich**  
Egg & Cheese Croissant  
Assorted Juice  
Milk Variety

29  
Cinnamon Bun  
Chilled Pears  
Assorted Juice  
Milk Variety

30  
Danish  
Banana  
Assorted Juice  
Milk Variety

### ALTERNATE BREAKFAST:

Variety of Cold Cereal with Graham Crackers & Assorted Juice Every Day  
Fresh Fruit or Cupped Fruit Available Daily

\*Menu subject to change

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