

ROME CATHOLIC SCHOOL - LUNCH MENU - SEPTEMBER 2017

MONDAY

TUESDAY

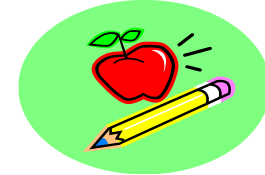
WEDNESDAY

THURSDAY

FRIDAY

Welcome Back

Please hand in your
Free & Reduced Application



Full Price - \$1.90

Reduced - \$.25

Milk - \$.50

Ice Cream - \$.75

**Sept 18-Rice Krispie Treat Day

1

4

Labor Day

5

Faculty In-Service Day

6

Faculty In-Service Day

7 NUGGET DAY

Chicken Nuggets w/BBQ Sauce
Mashed Potatoes w/Gravy
Golden Corn, Dinner Roll
Cinnamon Apple Sauce

8

Cheese Pizza
Steamed Broccoli
Fruit Cocktail

Alt. Ham & Cheese Sub

Alt. Tuna on Whole Wheat

11 SNACK ATTACK

Chicken Tenders w/BBQ Sauce
Cheese Sticks w/Dipping Sauce
Italian Beans, Dinner Roll
Strawberries w/Cream
Hot Dog on a bun

12 CHICKEN BURRITTO

Soft Shell Taco w/Seasoned Chick
Lettuce, Tomato, Cheese, Salsa
Rice Pilaf, Mexican Bean Salad
Cinnamon Apple Sauce
Alt. Grilled Cheese

13 SOUP & SANDWICH

Tomato Soup w/Wheat Crackers
Grilled Cheese Sandwich
Baby Carrots w/Ranch Dressing
String Cheese, Fruit Cocktail
Alt. Fresh Turkey Sub

14 BAKED CHICKEN

Oven Roasted Chicken
Mashed Potatoes w/Gravy
Golden Corn, Dinner Roll
Peaches & Cream
Alt. Ham & Cheese Sub

15

Cheese Pizza
Broccoli w/Cheese Sauce
Chilled Pears

Alt. Tuna on Whole Wheat

18 CHEESE BURGER

Cheese Burger on a Bun
Baked Beans
Peaches & Cream

19 CHICKEN RIGGIES

Chicken & Pasta in a Cream Sauce
Green Beans
Garlic Bread
Pineapple & Mandarin Oranges
Alt. Grilled Cheese

20 BALL PARK DAY

Hot Dog on a Bun
Nachos w/Cheese Sauce
Glazed Carrots
Fresh Apple Slices
Alt. Fresh Turkey Sub

21 TURKEY DINNER

Oven Roasted Turkey
Mashed Potatoes w/Gravy
Golden Corn, Dinner Roll
Cranberry Sauce
Alt. Ham & Cheese Sub

22

Cheese Pizza
Romaine Salad w/Italian Dressing
Apple Sauce

Alt. Tuna on Whole Wheat

25 BRUNCH LUNCH

French Toast Sticks w/Sausage Links
OR Hot Ham & Cheese on a Bun
Tater Tots
Orange Juice, Tomato Juice

26 TACO TUESDAY

Soft Shell Taco w/Taco Meat,
Lettuce, Tomato, Cheese, Salsa
Herbed Rice, Golden Corn
Cinnamon Apple Sauce
Alt. Grilled Cheese

27 CHEESE BURGER

Cheese Burger on a Bun
Baked Beans
Fruit Cocktail
Alt. Fresh Turkey Sub

28 NUGGET DAY

Chicken Nuggets w/BBQ
Oven Roasted Potatoes
Dinner Roll, Green Beans
Orange & Kiwi Sections
Alt. Ham & Cheese Sub

29

Cheese Pizza
Steamed Broccoli
Peach/Pear Combo

Alt. Tuna on Whole Wheat

**MILK SERVED WITH ALL MEALS - ALTERNATE CHOICE
AVAILABLE DAILY - MENU SUBJECT TO CHANGE**

Condiments include:
Ketchup, Mustard, Mayonnaise

*Fresh Fruit available daily
Peanut Butter & Jelly Every Day

**PLEASE RETURN YOUR FREE
& REDUCED LUNCH APPLICATION**

"USDA is an equal opportunity provider and employer."